

ELEMENTARY/MIDDLE WEEKLY MENU



MARCH	BREAKFAST	LUNCH	SNACK
MONDAY Feb. 28	Pancake (syrup), Fresh Slice Apples, Milk.	Black beans & White Rice Fish nuggets, Fruit Cocktail, Milk.	Wheat Twins Crackers, Assorted Juice.
TUESDAY 1	Cheerios Cereal (GF), Fruit Cocktail, Milk.	Spaghetti with Ham (Sauce & Cheese), Garlic Bread, Juice.	Assorted Yogurt, Goldfish Crackers.
WEDNESDAY 2	Biscuit (Butter), Fresh Sliced Orange, Milk.	Pork Picadillo, Brown Rice, Sweet plantains, Popsicles.	Animal Crackers, Orange Sections (cup). Milk.
THURSDAY 3	Egg Patty, Whole Wheat Toast Diced Peach, Milk.	Subway Meatball Sandwich, Potatoes Chips, Assorted Cookies, Assorted Soda.	Stick Strings, Saltine Crackers.
FRIDAY 4	Chex Simply Cereal, Banana, Milk.	Chicken Patty on a Bun, Lettuce & Tomatoes, Tater Tots, Milk.	Assorted Mini muffins ‘ Orange Jell-O.

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MARCH	BREAKFAST	LUNCH	SNACK
MONDAY 7	French Toast Sticks (Syrup) Diced Peach, Milk.	Brown Rice, Black Beans, Chicken Nuggets, Diced Pears, Milk.	Rice Krispies (Individual), Assorted Juice.
TUESDAY 8	Cheese Quesadilla, Pear, Milk.	Macaroni with Meatballs, (Cheese), Green Beans, Garlic Bread, Fruit Cocktail, Milk.	Ritz Crackers, Fruit Sorbet.
WEDNESDAY 9	Assorted Mini Muffins, Fruit Cocktail (cup), Milk.	“Moro” Rice (Red Beans), Breaded Fish Sticks, Apple Sauce, Milk.	Cheese Crackers, Milk.
THURSDAY 10	Corn Flakes Cereal, Orange Sections, Milk.	Rice with Baked Chicken, Veggie Chips, Assorted Juice.	Cheese Slices, Soft Tortilla.
FRIDAY 11	Raising Mini Bagel, (Cream Cheese) Pear, Milk.	Beef Patty on a Bun, Lettuce & Tomatoes, Baked French Fries, Chocolate Milk.	Goldfish Crackers, Assorted Yogurt.

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MARCH	BREAKFAST	LUNCH	SNACK
MONDAY 14	Kaiser Roll (Butter), Apricot Halves, Milk.	Split Peas, Brown Rice, Ground Beef, Sliced Pears, Milk.	Ritz Crackers, Milk.
TUESDAY 15	Sliced Bread Toast (Butter) Fresh Pears, Milk.	Hot Dog on a Bun, Baked French Fries, Tropical Fruit Salad, Soda.	Assorted Cookies, Apple Sauce (Individual Cups).
WEDNESDAY 16	Mini Pancakes (Syrup) Banana, Milk.	Fish Patty on a Bun, Tomatoes, Baked Sweet Potatoes, Orange Juice.	Cheese Crackers, (Individual Bags), Assorted Juice.
THURSDAY 17	Cheese Omelet, Bread, Diced Peaches, Milk.	“Congris” (Black Beans), Chicken Tenders, Diced Peach, Milk.	Animal Crackers, Vanilla Pudding, (Sugar Free)
FRIDAY 18	Assorted Mini Muffin, Sliced Apples, Milk.	Beef Tacos, Soft Tortilla, Lettuce & Diced Tomatoes, Mozarella Cheese, Sliced Apples, Assorted Juice.	Fresh Sliced Apples, Veggie Strings.

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MARCH	BREAKFAST	LUNCH	SNACK
MONDAY 21	Waffles (Syrup), Mix Fruit Cocktail (cup), Milk.	Black Beans, Brown Rice, Diced Chicken, Pineapple Tidbits, Milk.	Cheese Stick Strings, Wheat Crackers.
TUESDAY 22	Cinnamon Raising Bagel, (Cream Cheese), Fresh Sliced Apples, Milk.	Brown Rice with Ham and Corn, Baked Chips, Assorted Juice.	Assorted Mini Muffins, Milk.
WEDNESDAY 23	French Toast Sticks, (Syrup), Diced Peach, Milk.	Macaroni (Sauce and Cheese), Chicken Tenders, Sliced Pears, Milk.	Rice Krispies Treats, Assorted Jell-O.
THURSDAY 24	Corn Flakes Cereal, Mix Fruit Cocktail Milk.	Turkey "Picadillo" Brown Rice, Sweet Plantains Diced Peach, Assorted Icecream	Goldfish Crackers, Apple Sauce.
FRIDAY 25	Keiser Roll (Butter), Banana, Milk.	Chicken Patty on a Bun, Lettuce & Tomatoes, Assorted Chips, Fruit Cocktail, Soda	Assorted Pop Tarts, Juice.

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MARCH	BREAKFAST	LUNCH	SNACK
MONDAY 29	Egg Patty, Whole Wheat Bread Toast, Fruit Cocktail (Cup), Milk.	Brown Rice, Ground Beef, Sweet Plantains, Sliced Pears, Milk.	Wheat Things Crackers, Vanilla Pudding.
TUESDAY 29	Corn Flakes Cereal, Fresh Orange Sliced, Milk.	Fish Patty on a Bun, Tomatoes, Curly French Fries, Fruit Cocktail, Milk.	Goldfish Pretzel Assorted Yogurt.
WEDNESDAY 30	Cinnamon Raising Bagel, (Cream Cheese), Diced Peaches, Milk.	Macaroni with Meat (Cheese), Garlic Bread, Sliced Apple, Orange Juice.	Animal Crackers, Fruit Sorbet.
THURSDAY 31	Mini Pancakes (Syrup), Fresh Sliced Apples, Milk.	Seasoned Red Beans, White Rice, Chicken Nuggets, Diced Peach, Milk.	String Cheese Stick, Saltine Crackers.
FRIDAY April 1	Rice Krispies Cereal, Fresh Pears, Milk.	White Rice, Diced Chicken with Soup, Pineapple Tidbits, Milk.	Assorted Mini Muffins, Apple Sauce .