

DAYCARE WEEKLY MENU - WEEK 1



OCTOBER	BREAKFAST	LUNCH	SNACK
MONDAY 3	Pancake (Syrup), Fresh Sliced Apples (Bag), Milk.	Black Beans & White Rice, Fish Sticks, Pineapple Tidbits, Milk.	Wheat Twins Crackers, Assorted Juice.
TUESDAY 4	Cheerios Cereal (GF), Fresh Sliced Orange (Cup), Milk.	Spaghetti with Ham, (Sauce & Cheese), Peas and Carrots, Fruit Cocktail (Cup), Milk.	Assorted Yogurt, Goldfish Crackers.
WEDNESDAY 5	Link Sausage, Diced Peach (Cup), Milk.	Pork "Picadillo", Brown Rice, Ripe Sweet Plantains, Mixed Vegetables, Milk.	Cheese Sliced, Soft Tortilla, Milk.
THURSDAY 6	Biscuit (Butter) Fruit Cocktail (Cup), Milk.	Split Peas, Brown Rice, Meatballs, Corn, Milk.	Cheese Stick String, Saltine Crackers, Milk.
FRIDAY 7	Chex Simply Cereal, Fresh Natural Banana, Milk.	Chicken Patty on a Bun, Lettuce & Tomatoes, Tater Tots, Apple Sauce, Milk. (Brown Rice Toddler Alt.)	Assorted Mini muffins, Orange Jell-O.

DAYCARE WEEKLY MENU - WEEK 2



OCTOBER	BREAKFAST	LUNCH	SNACK
MONDAY 10	French Toast Sticks (Syrup) Fruit Cocktail (Cup), Milk.	Brown Rice, Lentils, Chicken Nuggets, Diced Pears, Milk.	Assorted Cookies, Milk.
TUESDAY 11	Cheese Quesadilla, Fresh Pears Natural, Milk.	Macaroni with Meatballs, (Cheese), Diced Peach (Cup), Garlic Bread, Milk.	Ritz Crackers, Fruit Sorbet.
WEDNESDAY 12	Assorted Mini Muffins, Diced Peaches (Cup), Milk.	“Moro” Rice (Red Beans), Breaded Fish Sticks, Fruit Cocktail (Cup), Milk.	Cheese Crackers, Pudding Vanilla
THURSDAY 13	Corn Flakes Cereal, Fresh Orange Natural, Milk.	Rice with Baked Chicken, Peas and Carrots, Sliced Peach, Milk.	Animal Crackers, Assorted Juice.
FRIDAY 14	Raising Mini Bagel, (Cream Cheese) Fresh Banana Natural, Milk.	Turkey Burger, Lettuce & Tomatoes, Baked French Fries, Apple Sauce cup, Milk.	Goldfish Pretzel Crackers, Assorted Yogurt.

DAYCARE WEEKLY MENU - WEEK 3



OCTOBER	BREAKFAST	LUNCH	SNACK
MONDAY 17	Kaiser Roll (Butter), Fresh Natural Pear, Milk.	Split Peas, Brown Rice, Chicken Nuggets, Sliced Peach, Milk.	Rice Krispies Treats, Milk.
TUESDAY 18	Mini Pancakes, Fresh Natural Orange, Milk.	Spaguetti with Sausage, (Red Sauce & Cheese), Green Beans Three, Tropical Fruit Salad, Milk.	Ritz Crackers, Apple Sauce Cup.
WEDNESDAY 19	Cheese Omelet, Bread Toast, Diced Peaches (cup), Milk.	Beef Tacos, Soft Tortilla, Lettuce & Tomatoes, Chedar Cheese, Pineapple Tidbits, Milk. (Brown Rice Toddler Alt.)	Cheese Crackers, Assorted Juice.
THURSDAY 20	Assorted Mini Muffin, Fresh Sliced Apples (Bag), Milk.	“Congris” (Black Beans), Diced Chicken, Mix Vegetables, Milk.	Goldfish Pretzel Crackers, Vanilla Pudding (Sugar Free).
FRIDAY 21	Mini Pancakes (Syrup), Fresh Natural Banana, Milk.	Pork Patty on a Bun, Lettuce & Tomatoes, Baked Sweet Potatoes, Fruit Cocktail (Cup), Milk.	Fresh Sliced Apples (Bag), Chips Assorted.

DAYCARE WEEKLY MENU - WEEK 4



OCTOBER	BREAKFAST	LUNCH	SNACK
MONDAY 24	Waffles (Syrup), Fruit Cocktail (Cup), Milk.	Red Beans, Brown Rice, Diced Chicken, Chicken Tenders, Green Beans, Milk.	Cheese Stick Strings, Wheat Crackers, Milk.
TUESDAY 25	Cinnamon Raising Bagel, (Cream Cheese), Fresh Sliced Apples (Bag), Milk.	Brown Rice with Pork in Sauce, Corn, Pineapple Tidbits, Milk.	Assorted Mini Muffins, Assorted Juice.
WEDNESDAY 26	French Toast Sticks, (Syrup), Diced Peach (Cup), Milk.	Macaroni with Meat, (Sauce and Cheese), Pears and Carrots, Diced Pears, Milk.	Assorted Cookies, Fruit Sorbet.
THURSDAY 27	Cheerios Cereal (GF), Orange Sections (cup), Milk.	Turkey Picadillo, Brown Rice, Ripe Sweet Plantains, Mixed Vegetables, Milk.	Assorted Pop Tarts, Jell-O.
FRIDAY 28	Kaiser Roll (Butter), Fresh Natural Banana, Milk.	Noodle Soup, White Rice, Sliced Ham, Fruit Cocktail (Cup), Milk.	Goldfish Crackers, Apple Sauce (Cup).