

# ELEMENTARY/MIDDLE WEEKLY MENU



<b>AUGUST</b>	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>SNACK</b>
<b>MONDAY</b> <b>15</b>	Kaiser Roll (Butter), Fresh Natural Pear, Milk.	Split Peas, Brown Rice, Chicken Nuggets, Sliced Peach, Milk.	Rice Krispies Treats, Milk.
<b>TUESDAY</b> <b>15</b>	Mini Pancakes, Fresh Natural Orange, Milk.	Spaguetti with Sausage, (Red Sauce & Cheese), Green Beans Three, Tropical Fruit Salad, Milk.	Ritz Crackers, Apple Sauce Cup.
<b>WEDNESDAY</b> <b>16</b>	Cheese Omelet, Bread Toast, Diced Peaches (cup), Milk.	Beef Tacos, Soft Tortilla, Lettuce & Tomatoes, Chedar Cheese, Pineapple Tidbits, Milk. (Brown Rice Toddler Alt.)	Cheese Crackers, Assorted Juice.
<b>THURSDAY</b> <b>17</b>	Assorted Mini Muffin, Fresh Sliced Apples (Bag), Milk.	"Congri" (Black Beans), Diced Chicken, Mix Vegetables, Milk.	Goldfish Pretzel Crackers, Vanilla Pudding (Sugar Free).
<b>FRIDAY</b> <b>18</b>	Mini Pancakes (Syrup), Fresh Natural Banana, Milk.	Pork Patty on a Bun, Lettuce & Tomatoes, Baked Sweet Potatoes, Milk.	Fresh Sliced Apples (Bag), Chips Assorted.

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<b>MONDAY</b> <b>22</b>	Waffles (Syrup), Fruit Cocktail (Cup), Milk.	Red Beans, Brown Rice, Diced Chicken, Chicken Tenders, Pineapple Tidbits, Milk.	Cheese Stick Strings, Wheat Crackers, Milk.
<b>TUESDAY</b> <b>23</b>	Cinnamon Raising Bagel, (Cream Cheese), Fresh Sliced Apples (Bag).	Brown Rice with Pork in Sauce, Corn, Diced Peach, Milk.	Assorted Mini Muffins, Assorted Juice.
<b>WEDNESDAY</b> <b>24</b>	French Toast Sticks, (Syrup), Diced Peach (Cup), Milk.	Macaroni with Meat, (Sauce and Cheese), Assorted Chips, Milk.	Assorted Cookies, Fruit Sorbet.
<b>THURSDAY</b> <b>25</b>	Cheerios Cereal (GF), Orange Sections (cup), Milk.	Turkey Picadillo, Brown Rice, Ripe Sweet Plantains, Milk.	Goldfish Crackers, Apple Sauce (Cup).
<b>FRIDAY</b> <b>26</b>	Kaiser Roll (Butter), Fresh Natural Banana, Milk.	Noodle Soup, White Rice, Sliced Ham, Fruit Cocktail (Cup), Milk.	Goldfish Crackers, Apple Sauce (Cup).

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<b>AUGUST</b>	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>SNACK</b>
<b>MONDAY</b> <b>29</b>	Egg Patty, Whole Wheat Bread Toast, Fruit Cocktail (Cup), Milk.	Brown Rice, “Vaca Frita”, Diced Pears, Diced Pears, Milk.	Rice Krispies Treats, Assorted Juice.
<b>TUESDAY</b> <b>30</b>	Chex Simply Cereal, Fresh Orange Sliced (Cup), Milk.	Fish Patty on a Bun, Lettuce & Tomatoes, Curly French Fries, Chocolate Milk.	Goldfish Pretzel Crackers, Assorted Yogurt.
<b>WEDNESDAY</b> <b>31</b>	Cinnamon Raising Bagel, (Cream Cheese), Diced Peaches (Cup), Milk.	Macaroni, Sauce and Cheese, Garlic Bread, Green Beans, Milk.	Animal Crackers, Milk.
<b>THURSDAY</b> <b>1</b>	Mini Pancakes (Syrup), Fresh Sliced Apples (Bag), Milk.	Garbanzo Beans/ White Beans, White Rice, Chicken Nuggets, Diced Peach (Cup), Milk.	Cheese Stick String,, Saltine Crackers, Milk.
<b>FRIDAY</b> <b>2</b>	Link Sausage, Fresh Natural Banana, Milk.	Rice with Vegetables, Turkey Ham, Ripe Sweet Plantains, Pinnapple Tidbits, Milk.	Assorted Mini Muffins, Apple Sauce .