

ELEMENTARY/MIDDLE WEEKLY MENU



MARCH	BREAKFAST	LUNCH	SNACK
MONDAY 6	Pancake (Syrup), Fresh Sliced Apples (Bag), Milk.	Black Beans & White Rice, Fish Sticks, Pineapple Tidbits, Milk.	Wheat Twins Crackers, Assorted Juice.
TUESDAY 7	Cheerios Cereal (GF), Fresh Sliced Orange (Cup), Milk.	Spaghetti with Ham, (Sauce & Cheese), Garlic Bread, Juice.	Assorted Yogurt, Goldfish Crackers.
WEDNESDAY 8	Link Sausage, Diced Peach (Cup), Milk.	Pork "Picadillo", Brown Rice, Ripe Sweet Plantains, Popcicle.	Cheese Sliced, Soft Tortilla, Milk.
THURSDAY 9	Biscuit (Butter) Fruit Cocktail (Cup), Milk.	Split Peas, Brown Rice, Meatballs, Corn, Milk.	Cheese Stick String, Saltine Crackers, Milk.
FRIDAY 10	Chex Simply Cereal, Fresh Natural Banana, Milk.	Chicken Patty on a Bun, Lettuce & Tomatoes, Tater Tots, Soda.	Assorted Mini muffins, Orange Jell-O.

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MARCH	BREAKFAST	LUNCH	SNACK
MONDAY 13	French Toast Sticks (Syrup) Fruit Cocktail (Cup), Milk.	Brown Rice, Lentils, Chicken Nuggets, Diced Pears, Milk.	Assorted Cookies, Milk.
TUESDAY 14	Cheese Quesadilla, Fresh Pears Natural, Milk.	Macaroni with Meatballs, (Cheese), Garlic Bread, Diced Peach (Cup), Milk.	Ritz Crackers, Fruit Sorbet.
WEDNESDAY 15	Assorted Mini Muffins, Diced Peaches (Cup), Milk.	"Moro" Rice (Red Beans), Breaded Fish Sticks, Fruit Cocktail (Cup), Milk.	Cheese Crackers, Pudding Vanilla
THURSDAY 16	Corn Flakes Cereal, Fresh Orange Natural, Milk.	Rice with Baked Chicken, Chip Assorted, Chocolate Milk.	Animal Crackers, Assorted Juice.
FRIDAY 17	Raising Mini Bagel, (Cream Cheese) Fresh Banana Natural, Milk.	Turkey Burger, Lettuce & Tomatoes, Baked French Fries, Milk or Juice.	Goldfish Pretzel Crackers, Assorted Yogurt.

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MONDAY 20	Kaiser Roll (Butter), Fresh Natural Pear, Milk.	Split Peas, Brown Rice, Chicken Nuggets, Sliced Peach, Milk.	Rice Krispies Treats, Milk.
TUESDAY 21	Mini Pancakes, Fresh Natural Orange, Milk.	Spaguetti with Sausage, (Red Sauce & Cheese), Tropical Fruit Salad, Milk.	Ritz Crackers, Apple Sauce Cup.
WEDNESDAY 22	Cheese Omelet, Bread Toast, Diced Peaches (cup), Milk.	Beef Tacos, Soft Tortilla, Lettuce & Tomatoes, Cheddar Cheese, Pineapple Tidbits, Milk.	Cheese Crackers, Assorted Juice.
THURSDAY 23	Assorted Mini Muffin, Fresh Sliced Apples (Bag), Milk.	"Congri" (Black Beans), Diced Chicken, Mix Vegetables, Milk.	Goldfish Pretzel Crackers, Vanilla Pudding (Sugar Free).
FRIDAY 24	Mini Pancakes (Syrup), Fresh Natural Banana, Milk.	Pork Patty on a Bun, Lettuce & Tomatoes, Baked Sweet Potatoes, Milk.	Fresh Sliced Apples (Bag), Chips Assorted.

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MARCH	BREAKFAST	LUNCH	SNACK
MONDAY 27	Waffles (Syrup), Fruit Cocktail (Cup), Milk.	Red Beans, Brown Rice, Diced Chicken, Chicken Tenders, Pineapple Tidbits, Milk.	Cheese Stick Strings, Wheat Crackers, Milk.
TUESDAY 28	Cinnamon Raising Bagel, (Cream Cheese), Fresh Sliced Apples (Bag).	Brown Rice with Pork in Sauce, Corn, Diced Peach, Milk.	Assorted Mini Muffins, Assorted Juice.
WEDNESDAY 29	French Toast Sticks, (Syrup), Diced Peach (Cup), Milk.	Macaroni with Meat, (Sauce and Cheese), Assorted Chips, Milk.	Assorted Cookies, Fruit Sorbet.
THURSDAY 30	Cheerios Cereal (GF), Orange Sections (cup), Milk.	Turkey Picadillo, Brown Rice, Ripe Sweet Plantains, Juice.	Goldfish Crackers Apple Sauce (Cup).
FRIDAY 31	Kaiser Roll (Butter), Fresh Natural Banana, Milk.	Noodle Soup, White Rice, Sliced Ham, Fruit Cocktail (Cup), Milk.	Goldfish Crackers, Apple Sauce (Cup).