

ELEMENTARY/MIDDLE WEEKLY MENU



MAY	BREAKFAST	LUNCH	SNACK
MONDAY 1	Pancake (Syrup), Fresh Sliced Apples (Bag), Milk.	Black Beans & White Rice, Fish Sticks, Pineapple Tidbits, Milk.	Wheat Twins Crackers, Assorted Juice.
TUESDAY 2	Cheerios Cereal (GF), Fresh Sliced Orange (Cup), Milk.	Spaghetti with Ham, (Sauce & Cheese), Garlic Bread, Juice.	Assorted Yogurt, Goldfish Crackers.
WEDNESDAY 3	Link Sausage, Diced Peach (Cup), Milk.	Pork "Picadillo", Brown Rice, Ripe Sweet Plantains, Popcicle.	Cheese Sliced, Soft Tortilla, Milk.
THURSDAY 4	Biscuit (Butter) Fruit Cocktail (Cup), Milk.	Split Peas, Brown Rice, Meatballs, Corn, Milk.	Cheese Stick String, Saltine Crackers, Milk.
FRIDAY 5	Chex Simply Cereal, Fresh Natural Banana, Milk.	Chicken Patty on a Bun, Lettuce & Tomatoes, Tater Tots, Soda.	Assorted Mini muffins, Orange Jell-O.

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MAY	BREAKFAST	LUNCH	SNACK
MONDAY 8	French Toast Sticks (Syrup) Fruit Cocktail (Cup), Milk.	Brown Rice, Lentils, Chicken Nuggets, Diced Pears, Milk.	Assorted Cookies, Milk.
TUESDAY 9	Cheese Quesadilla, Fresh Pears Natural, Milk.	Macaroni with Meatballs, (Cheese), Garlic Bread, Diced Peach (Cup), Milk.	Ritz Crackers, Fruit Sorbet.
WEDNESDAY 10	Assorted Mini Muffins, Diced Peaches (Cup), Milk.	“Moro” Rice (Red Beans), Breaded Fish Sticks, Fruit Cocktail (Cup), Milk.	Cheese Crackers, Pudding Vanilla
THURSDAY 11	Corn Flakes Cereal, Fresh Orange Natural, Milk.	Rice with Baked Chicken, Chip Assorted, Chocolate Milk.	Animal Crackers, Assorted Juice.
FRIDAY 12	Raising Mini Bagel, (Cream Cheese) Fresh Banana Natural, Milk.	Turkey Burger, Lettuce & Tomatoes, Baked French Fries, Milk or Juice.	Goldfish Pretzel Crackers, Assorted Yogurt.

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MAY	BREAKFAST	LUNCH	SNACK
MONDAY 15	Kaiser Roll (Butter), Fresh Natural Pear, Milk.	Split Peas, Brown Rice, Chicken Nuggets, Sliced Peach, Milk.	Rice Krispies Treats, Milk.
TUESDAY 16	Mini Pancakes, Fresh Natural Orange, Milk.	Spaguetti with Sausage, (Red Sauce & Cheese), Tropical Fruit Salad, Milk.	Ritz Crackers, Apple Sauce Cup.
WEDNESDAY 17	Cheese Omelet, Bread Toast, Diced Peaches (cup), Milk.	Beef Tacos, Soft Tortilla, Lettuce & Tomatoes, Cheddar Cheese, Pineapple Tidbits, Milk.	Cheese Crackers, Assorted Juice.
THURSDAY 18	Assorted Mini Muffin, Fresh Sliced Apples (Bag), Milk.	“Congri” (Black Beans), Diced Chicken, Mix Vegetables, Milk.	Goldfish Pretzel Crackers, Vanilla Pudding (Sugar Free).
FRIDAY 19	Mini Pancakes (Syrup), Fresh Natural Banana, Milk.	Pork Patty on a Bun, Lettuce & Tomatoes, Baked Sweet Potatoes, Milk.	Fresh Sliced Apples (Bag), Chips Assorted.

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MAY	BREAKFAST	LUNCH	SNACK
MONDAY 22	Waffles (Syrup), Fruit Cocktail (Cup), Milk.	Red Beans, Brown Rice, Diced Chicken, Chicken Tenders, Pineapple Tidbits, Milk.	Cheese Stick Strings, Wheat Crackers, Milk.
TUESDAY 23	Cinnamon Raising Bagel, (Cream Cheese), Fresh Sliced Apples (Bag).	Brown Rice with Pork in Sauce, Corn, Diced Peach, Milk.	Assorted Mini Muffins, Assorted Juice.
WEDNESDAY 24	French Toast Sticks, (Syrup), Diced Peach (Cup), Milk.	Macaroni with Meat, (Sauce and Cheese), Assorted Chips, Milk.	Assorted Cookies, Fruit Sorbet.
THURSDAY 25	Cheerios Cereal (GF), Orange Sections (cup), Milk.	Turkey Picadillo, Brown Rice, Ripe Sweet Plantains, Juice.	Goldfish Crackers Apple Sauce (Cup).
FRIDAY 26	Kaiser Roll (Butter), Fresh Natural Banana, Milk.	Noodle Soup, White Rice, Sliced Ham, Fruit Cocktail (Cup), Milk.	Goldfish Crackers, Apple Sauce (Cup).

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MAY	BREAKFAST	LUNCH	SNACK
MONDAY 29	Egg Patty, Whole Wheat Bread Toast, Fruit Cocktail (Cup), Milk.	Brown Rice, “Vaca Frita”, Diced Pears, Diced Pears, Milk.	Rice Krispies Treats, Assorted Juice.
TUESDAY 30	Chex Simply Cereal, Fresh Orange Sliced (Cup), Milk.	Fish Patty on a Bun, Lettuce & Tomatoes, Curly French Fries, Chocolate Milk.	Goldfish Pretzel Crackers, Assorted Yogurt.
WEDNESDAY 31	Cinnamon Raising Bagel, (Cream Cheese), Diced Peaches (Cup), Milk.	Macaroni, Sauce and Cheese, Garlic Bread, Green Beans, Milk.	Animal Crackers, Milk.
THURSDAY Jun. 1	Mini Pancakes (Syrup), Fresh Sliced Apples (Bag), Milk.	Garbanzo Beans/ White Beans, White Rice, Chicken Nuggets, Diced Peach (Cup), Milk.	Cheese Stick String,, Saltine Crackers, Milk.
FRIDAY Jun. 2	Link Sausage, Fresh Natural Banana, Milk.	Rice with Vegetables, Turkey Ham, Ripe Sweet Plantains, Pinnapple Tidbits, Milk.	Assorted Mini Muffins, Apple Sauce .