

DAYCARE/ELEMENTARY/MIDDLE MENU



FEBRUARY	BREAKFAST	LUNCH	SNACK
MONDAY 29	Corn Flakes Cereal, Natural Orange (Cup) , Milk.	Brown Rice, Lentils, Chicken Nuggets, Seasonal Carrots or Green Beans, Milk.	Cheese Stick Strings, Saltine Crackers, Milk.
TUESDAY 30	Waffles (Syrup) Milk.	“Moro” Rice (Black or Red Beans), Breaded Fish Sticks, Apple Sauce (Cup), Milk.	Lady Finger Cookies, Fruit Sorbet.
WEDNESDAY 31	Kaiser Roll (Butter), Milk.	Ground Turkey, Brown Rice, Orange Slice or Mandarin, Milk.	Sliced Cheese, Soft Tortilla, Orange Jell-O.
THURSDAY 1	Assorted Mini Muffin, Milk.	Rice with Baked Chicken, Diced Peach, Milk.	Assorted Cookies, Milk.
FRIDAY 2	Biscuit (Butter), Banana, Milk.	Macaroni with Meat (Sauce and Cheese), Garlic Bread, Green Beans, Milk.	Ritz Crackers, Vanilla Pudding

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FEBRUARY	BREAKFAST	LUNCH	SNACK
MONDAY 5	Cheerios Cereal, Natural or Sliced Apple, Milk.	Brown Rice & Black Beans, Chicken Tenders, Diced Pears, Milk.	Assorted Mini Muffins, Milk.
TUESDAY 6	Pancake (Syrup), Milk.	Fish Patty on a Bun, Lettuce & Tomatoes, Curly French Fries or Baked Sweet Potatoes, Milk. (Brown rice for Toddlers)	Goldfish Crackers, Pudding (Sugar Free)
WEDNESDAY 7	Raising Mini Bagel (Cream Cheese), Milk.	Beef Tacos, Soft Tortilla or Crunch Tacos, Lettuce & Tomatoes, Cheddar Cheese, Pineapple Tidbits, Milk. (Brown rice for Toddlers)	Cracker Vanilla, Fruit Sorbet
THURSDAY 8	Cheese Omelet, Toast Bread, Milk.	Brown rice and Red Beans, Chicken Nuggets, Sliced Apples, Milk.	Chips Assorted, Juice
FRIDAY 9	Kaiser Roll (Butter), Banana, Milk.	Spaghetti with Sausage (Sauce & Cheese), Garlic Bread, Tropical Fruit Salad, Milk.	Cheese Stick Strings, Ritz Crackers, Milk.

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FEBRUARY	BREAKFAST	LUNCH	SNACK
MONDAY 12	Chex Simply Cereal, Natural Pears, Milk.	Brown rice & Black Beans, Chicken Patty, Fruit Cocktail, Milk.	Goldfish, Cheese, Vanilla Pudding.
TUESDAY 13	Assorted Mini Muffins, Milk.	Ground Beef (Picadillo), Brown Rice, Ripe Sweet Plantains, Milk.	Assorted Cookies, Juice.
WEDNESDAY 14	Link Sausage, Bread Toast, Milk.	Roasted Pork, Brown Rice, Pineapple Tidbits, Milk.	Vanilla Cracker, Milk.
THURSDAY 15	French Toast (Syrup), Milk.	Diced Chicken (Sauce), Brown Rice, Green Beans, Milk.	Ritz Cookies, Assorted Yogurt.
FRIDAY 16	Cheese Quesadilla, Banana, Milk.	Macaroni with Meatballs (Sauce & Cheese), Garlic Bread, Diced Peach, Milk.	Animal Crackers, Apple Sauce.

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FEBRUARY	BREAKFAST	LUNCH	SNACK
MONDAY 19	Chex Simply Cereal, Fresh Sliced Apples (Bag), Milk.	Black Beans & Brown Rice, Fish Sticks, Diced Peach/Mandarin, Milk.	Goldfish Crackers, Assorted Yogurt.
TUESDAY 20	Pancake (Syrup), Natural Orange (Cup), Milk.	Chicken Patty on a Bun, Lettuce & Tomatoes, Tater Tots, Apple Sauce (Cup) Milk/Brown Rice Toddlers.	Assorted Mini Muffins, Milk.
WEDNESDAY 21	Raising Mini Bagel (Cream Cheese), Milk.	Split Peas/Garbanzo Beans, Brown Rice, Meatballs, Pineapple Tidbits, Milk .	Assorted Crackers, Juice
THURSDAY 22	French Toast Sticks (Syrup), Milk.	Ground Pork, Brown Rice, Ripe Sweet Plantains, Milk.	Animal Crackers, Milk.
FRIDAY 23	Egg Patty/Toast Bread, Banana, Milk.	Spaguetti with Ham (Sauce & Cheese), Garlic Bread, Fruit Cocktail, Milk.	Rice Krispies, Jell-O.

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MONDAY 26	Corn Flakes Cereal, Natural Orange (Cup) , Milk.	Brown Rice, Lentils, Chicken Nuggets, Seasonal Carrots or Green Beans, Milk.	Cheese Stick Strings, Saltine Crackers, Milk.
TUESDAY 27	Waffles (Syrup) Milk.	“Moro” Rice (Black or Red Beans), Breaded Fish Sticks, Apple Sauce (Cup), Milk.	Lady Finger Cookies, Fruit Sorbet.
WEDNESDAY 28	Kaiser Roll (Butter), Milk.	Ground Turkey, Brown Rice, Orange Slice or Mandarin, Milk.	Sliced Cheese, Soft Tortilla, Orange Jell-O.
THURSDAY 29	Assorted Mini Muffin, Milk.	Rice with Baked Chicken, Diced Peach, Milk.	Assorted Cookies, Milk.
FRIDAY 1	Biscuit (Butter), Banana, Milk.	Macaroni with Meat (Sauce and Cheese), Garlic Bread, Green Beans, Milk.	Ritz Crackers, Vanilla Pudding